

How do I Apply for Saskatchewan Income Support (SIS)?

To apply for SIS or to speak to an income assistance worker, call:

Toll free: 1-866-221-5200
TTY: 1-866-995-0099

To apply online, visit
<https://services.saskatchewan.ca/#/registration/citizen>
and create an account

Or visit 2045 Broad St.

What you will need to bring to your intake appointment:

- Social Insurance Number (SIN)
- Basic information about your spouse/partner or children
- Details about income (pay stubs)
- Documents to verify living situation (rental agreement, mortgage statement)
- Details of money available to you or other benefits/pensions you receive
- Details of items you own (ex. Car)

Connecting Hearts...



Connecting Homes

Phoenix HOMES & CHIP



Funded by:



**I AM CURRENTLY
HOMELESS...**

**AND NEED A PLACE
TO STAY TONIGHT**



"I have always believed, and I still believe, that whatever good or bad fortune may come our way we can always give it meaning and transform it into something of value"

**If you are unsafe, hurt, or
in danger, call 9-1-1 for**

Regina Police Services

Shelter Service in Regina

If you are in need of shelter, Mobile
Crisis Services can help connect you to
a shelter. They are located at:

1646 11th Avenue

306-757-0127



If you have internet access, they also
have a website that can show you
shelter spaces available in the city at:

<http://www.mobilecrisis.ca/available-beds>

If there are no shelter beds available or
you are unsure of where you can go,
call Mobile Crisis services or go to the
office after 5 PM.

Shelters for Women and Children

Kikinaw Residence YWCA (including
transgender women)

306-525-2141 Ext. 107 Monday-Friday;

After hours Ext. 0

My Aunt's Place YWCA (including
transgender women and families)

306-545-7786

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DOMESTIC VIOLENCE

Regina Transition House

306-569-2292

Isabel Johnson Shelter (including Trans
women)

306-525-2141 Ext. 114

WISH- Wichihik Iswewak Safe House

306-543-0493

Shelters for Men

Salvation Army Waterson Center

306-569-6088

Souls Harbour Rescue Mission

306-543-0011 Ext. 5

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Shelters for Youth

Downtown Browne's Emergency Youth

Shelter (Gender inclusive/all genders)

306-545-3445

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If you are intoxicated...

Brief Detox (Gender inclusive/all
genders)

306-766-6600